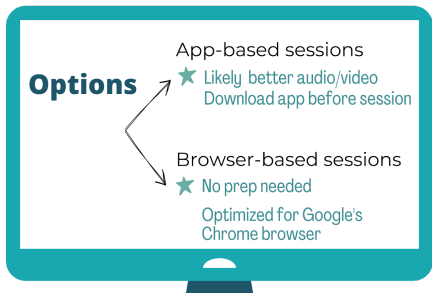**WAIT**

Rushing to a session? Here's the short version:

Login to portal > Click Launch > Click Join Session >
Click Continue in current browser > Click Join Meeting

Teletherapy Guide

Accessing Sessions

Sessions are launched directly from the client portal. You can join from an app or from your browser.

Options

App-based sessions
★ Likely better audio/video
  Download app before session

Browser-based sessions
★ No prep needed
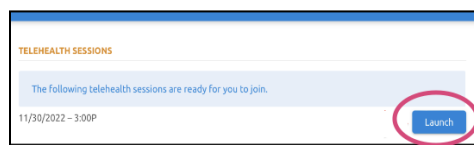 Optimized for Google's Chrome browser

#1 Use the App *Download the app and follow the prompts. Nothing else is needed- no opening or logging into the app. It runs automatically when sessions are launched from the portal.*
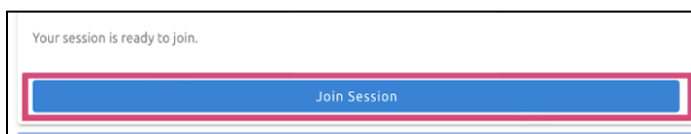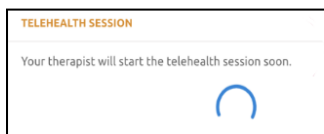
#2 Stick with the Browser *Click Launch from the portal when it's time for your session. When prompted to download the app or "continue in your current browser" (see #3 below), click the link to use your browser. That's it!*

Joining Sessions

1. Log in to the portal and click Launch next to your appointment.

   TELEHEALTH SESSIONS

   The following telehealth sessions are ready for you to join.

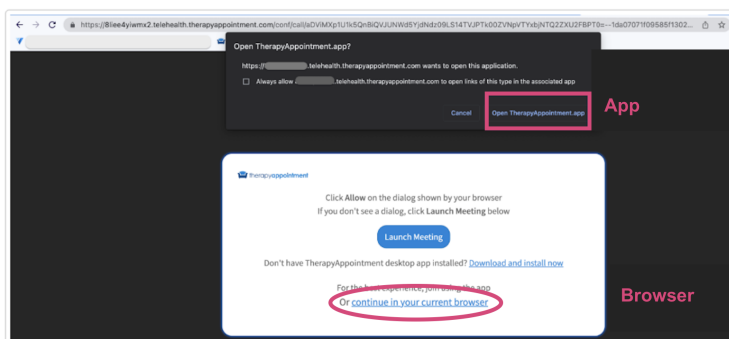   11/30/2022 – 3:00P   Launch

2. When your therapist is available, a "**Join Session**" button appears. If you don't see it, a *swirling blue circle* appears instead, which means your therapist isn't available yet. When the button appears, click Join Session.

   TELEHEALTH SESSION

   Your therapist will start the telehealth session soon.

   Your session is ready to join.

   Join Session

3. A tab opens asking how you want to join.
   Browser: Click continue in your current browser.
   App: Click Open TherapyAppointment app

   ⚠️ Please allow mic/camera permission requests.

   App

   Open TherapyAppointment.app

   therapyappointment

   Click **Allow** on the dialog shown by your browser
   If you don't see a dialog, click **Launch Meeting** below

   Launch Meeting

   Don't have TherapyAppointment desktop app installed? Download and install now

   For the best experience, join using the app
   Or continue in your current browser

   Browser

4. Click **Join Meeting**. Your therapist greets you on screen.

   therapy**appointment**

   Enter your name

   Join meeting
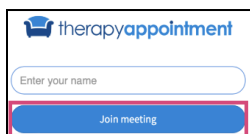
Leaving Sessions

When the session is over, exit by clicking the red "X" at the bottom of the window or close the tab.
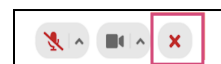
For questions, reach out anytime. Our team is eager to help.
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