

## Victim

Chemically Dependent

### Outside:

Hostility  
Manipulation  
Aggression/self pity  
Blaming  
Charming  
Rigid values

### Inside:

Shame  
Guilt  
Fear  
Pain  
Hurt

## Family Hero

Caretaker of Family

### Outside:

Good kid  
High achiever  
Follows rules  
Seeks approval  
Very responsible

### Inside:

Guilt  
Hurt  
Inadequacy

## Mascot

Family Clown

### Outside:

Immature  
Fragile  
Cute  
Hyperactive  
Distracting

### Inside:

Fear  
Anxiety  
Insecurity

## Chief Enabler

Closest Emotionally to Victim

Protector of Family

### Outside:

Self-righteous  
Super-responsible  
Sarcastic  
Passive  
Physically sick  
Martyr

### Inside:

Anger  
Hurt  
Guilt  
Low self-esteem

## Scapegoat

Problem Child

### Outside:

Hostile  
Defiant  
Rule-breaker  
In trouble

### Inside:

Rejection  
Hurt  
Guilt  
Jealousy  
Anger

## Lost Child

Forgotten Child

### Outside:

Shy, quiet  
Fantasy life  
Solitary  
Mediocre  
Attaches to things, not people

### Inside:

Rejection  
Hurt  
Anxiety

