Community Resources and Referrals

Wrap-Around/Multiple Mental Health Services

<u>CAYAC</u>

Assessment, stabilization and short term medication management of mental health and substance use disorders for children, teens and young adults; may provide some testing; no crisis services **Ages:** Through age 24 **Contact:** 970-221-3308 **Payment info:** Some free services, some sliding scale

Connections

Assessment, stabilization and short term medication management of mental health and substance use disorders for adults; may provide some testing; offers support groups and classes; no crisis services Location: Fort Collins Contact: 970-221-5551 Payment info: Some free services, some sliding scale

Mountain Crest

Assessment, crisis stabilization, detox, IOP, med management, outpatient therapy Location: Fort Collins Ages: 13+ Contact: 970-207-4800

Therapy

<u>Compass Healing</u> (Private practice: Amy Healy, LCSW) **Location:** Loveland **Payment info:** Commercial insurance, Medicaid and Medicare **Contact:** 970-612-8588

Northern Colorado Counseling (Private practice: Ariel Friese, LPC and candidates)

Location: Fort Collins Ages: 18+ Payment info: Commercial insurance, Medicaid, no Medicare Contact: 970-239-1320

Medication Management

Willow Tree Wellness (Kathleen Voelsing, Psychiatric NP) Location: Fort Collins Ages: 16+ Payment info: Private pay only

Crisis

Summitstone Crisis Center Walk-in clinic: <u>1217 Riverside Ave.</u>, Fort Collins open 8am to midnight Call the crisis center 24/7/365 at 970-494-4200

Colorado Crisis Services Hotline Call 844-493-8255, open 24/7/365 Text "TALK" to 38255

Community Resources and Referrals

Homeless/Housing Resources

<u>House of Neighborly Service</u> Homeless support for families and adults; food, clothing and basic needs support **Contact:** 970-667-4939

<u>Neighbor to Neighbor</u> Rent and utility assistance, housing search assistance **Contact:** 970-484-7498

Murphy Center

Hub for local resources: Assistance getting cell phones and computers, vocational needs including career clothing and job search assistance, food, bus passes, healthcare and hygiene needs, pet supplies and food, etc. **Contact:** 970-494-9940, <u>info@homewardalliance.org</u>

Vindeket Foods

Open Tuesday, Thursday and Sunday Contact: Call 970-682-4631 or text 970-682-4631 Payment info: Make a donation (amount is up to the individual) or sign up to volunteer

Other Healthcare

Colorado Fibromyalgia Center Contact: 303-665-8444 Payment info: Accepts insurance